

Goshen Gazette

MARCH & APRIL 2014



In This Issue:

- ◆ 2014 Fair Dates and Information
- ◆ 2015 State Leaders Conference
- ♦ 4-H Building Future
- ♦ 4-H Promotion Ideas
- ♦ Animal Projects
- ♦ Babysitter Tween Retreat
- ♦ Brag Board
- ♦ Camp Dates
- Classifieds
- ♦ Cloverbud Evening
- ♦ Dog Clinics & Updates
- First & Second Year Lamb Program
- ♦ Freestyle Reining
- ♦ Horse Camp
- ♦ Horse Judging
- ♦ Livestock Judging
- ♦ Pancake Supper
- ♦ Purple Up Day
- ♦ Quality Assurance
- ♦ Sale Committee
- ♦ Scholarship Information
- ♦ Showcase Showdown
- ♦ Supreme Cow Program
- ♦ Theatre Weekend

And More ...

The Peterson Farm Bros are coming to EWC on Thursday, April 24 at 7 pm!!

Youtube sensations of "I'm Farming and I Grow It," "Farmer Style" and other farm-related parodies will be at EWC. Check with EWC for more details!

New 4-H Family Orientation

4-H families with less than 3 years experience are invited to attend this fun and informative session! *Please bring a side dish to share!*

When: Monday, April 7 at 6:30 pm

Where: Extension Office Please RSVP by Wednesday, April 2 so we have enough food and supplies!



NEW LEADER ORIENTATION

Leaders who have not yet done so, please plan on completing this fun and informative introduction to 4-H. This mandatory training is necessary and required in order to be a 4-H volunteer!

Monday, March 31, 6:30 pm
Please RSVP by Thursday March 27

This introductory training is appropriate for Leaders looking to "brush-up" on their role as a 4-H Volunteer.



First & Second Year Lamb

The First & Second Year Lamb Program will begin

March 27 at 6:30 pm

at the Extension Office.

Contact Scott & Dana Yetter for more information at 834-2478.

This fun and informative series is open to any youth in their first or second year in the market lamb project!

GOSHEN COUNTY FAIR JUNIOR SUPERINTENDENTS NEEDED

The Youth Show Committee is accepting applications from senior age division 4-H and FFA members interested in assisting Fair Superintendents. Responsibilities include assisting in the running, hosting and announcing of shows, contests and events throughout County Fair. Jr. Superintendents work closely with Superintendents and the Youth Show Committee. Applications are available from the Extension Office and are due May 1.

Mother & Daughter Tea

Mothers and Daughters are invited to this delightful tradition. Wear your Sunday best and enjoy an afternoon of tea, scones and terrific company.

When: Sunday, April 6 at 2 pm

* Where: The Gathering Place, Fort Laramie

Cost: \$10/person & must accompany reservation

Hosted by Lee Hageman & Lori Schafer, this event has limited registration. Please contact the Extension Office to RSVP no later than March 31

Deadlines

May 1: Dog IDs Due;

Cat IDs Due;

Add/Drop Project Deadline Final Membership Deadline

Jr. Superintendent Application Deadline

June 1: Breeding Livestock IDs Due; Rabbit IDs Due

All Other Animals Ownership Deadline
All forms and applications are available from the
Extension Office.

Goshen County Extension:

Megan Brittingham 4-H Youth Educator mbrittin@uwyo.edu Caleb Carter Ag Educator ccarte13@uwyo.edu Denise Jackson CNP Coordinator djacks28@uwyo.edu

Lori Schafer Officer Manager lschafe2@uwyo.edu



Leaders Council Mtg. March 18 April 15 May 20 @ 6:00 P.M.

Future of the 4-H Building

At the next 4-H Council meeting, discussion and voting will be held regarding the future of the 4-H Building. Each Club will receive one vote to the question:

Should the 4-H Building be demolished (and not rebuilt)
Or

Should the current structure be maintained and repaired?

Club and Key Leaders were sent a letter detailing specific facts that should be used to help make their decision. If you need a copy of this letter, please contact the Extension Office.

Thank you for the serious attention you have given this matter. Remember, your opinions and votes do count!

4-H Promotion & Recruiting

4-H Council is seeking ideas and input for 4-H promotion and awareness raising efforts. Clubs are being asked to brainstorm ideas that could be implemented to recruit new members to Goshen County 4-H.

Please bring those ideas and suggestions to the next Council meeting.

HELP NEEDED!

The 2015 State Leaders' Conference will be hosted by the South East Area (Albany, Laramie ,Niobrara, Platte and Goshen counties)

February 13-15, 2015 at EWC in Torrington.

4-H Volunteers and Alumni are needed to carry this out! There are a variety of committees that will need Co-Chairs and members. Duties and responsibilities vary in size, time commitment and talents. There are certainly roles available for everyone wishing to participate!

If you are interested in bringing your skills and talents to this motivated and energetic group, contact the Extension Office ASAP.

Be sure to follow the conference online at:

www.facebook.com/wyoslc2015

2014 Council Committees

Pancake Supper: Prairie Center,

Southeast Cowpokes, Bent Barrels Crooked Arrows Fair Decorating Committee: Adventurous Pioneers,

Leaders Breeders & Feeders

Silent Auction: Bear Creek Guys & Gals State Fair Packing: Goshen Drifters,

Goshen Livestockers

Harvest Carnival: Horseshoe Acres, Lone Star Achievement Program: Gleaners Union,

Rough Riders, Lingle Aggies

Pancake Supper Committee Meeting will be held Tuesday, March 18 at 5:30 pm at the Extension Office.



Club Fundraisers



- ◆ **MU\$T** turn in a "Fundraising Request Form" to Extension Office for approval PRIOR to *all* fundraising activities
 - ♦ The form is **Not** optional
- ◆ **Required** to contribute 10% <u>net profit</u> to Goshen County 4-H Foundation
- Money contributed to 4-H Foundation goes back to 4-H members through sponsorship of trips, trainings, camps, scholarships, contests and more!
- ♦ Efforts raising money for donation to another entity are not required to contribute 10% to 4-H Foundation.

Sale Committee Meeting

The next meeting of the Junior Livestock Sale Committee is scheduled for SUNDAY, March 23 at 6 pm in the Brand Room during the Pancake Supper. Contact Megan with agenda items!

Members of the 2013-2014 Sale Committee are: Billie Allen, Megan Brittingham, Jeff Chapman, Jay Clapper, Dawn Coxbill, Boone Herring, Duane Keller, Brett Malm, Lawrence & Pam Randall, Elsie Rose, Mike Steben, Randy Steben and Scott & Dana Yetter.

Sale Committee Improvement Projects

The Sale Committee is asking 4-H Clubs and FFA Chapters for suggestions on improvements projects needed around the Fair Grounds. Suggestions should be submitted to any Sale Committee member prior to the March meeting.

In partnership with the Fair Grounds, each proposed project will be given proper consideration.



Open Dog Clinics

Open Dog Clinics are open to all Dog Project members. Each Clinic will include Obedience, Rally and Showmanship. Be sure to check the newsletter for additional opportunities!



2 pm: Agility Clinic

Sunday, April 27, Grass Show Ring:

2 pm: Open Clinic

Things To Bring:

Water and Bowl, Crate/Kennel, Doggie Clean-Up Bags, Leashes and Collars

Dog vaccinations must be current and 4-H members must wear athletic types of shoes (soft sole) to practices.



Dog Height Changes

Due to changes at the State 4-H Dog Agility Show, all dogs competing in Rally, Advanced Rally or Agility will need re-measured by May 1, 2014.

Measuring must be done using the approved measuring wickets. Measuring can take place at both the March and April open practices.

For more information, contact the Extension Office!

Leaders, Breeders & Feeders 4-H Club sponsors:

Goshen County Fair Freestyle Reining

This fun class allows riders to use his/her reining maneuvers creatively by setting them to music. Riders are encouraged to use music that shows off the horse's athleticism in a fun and crowd pleasing way!

Stay tuned for more information!

'We aren't looking for perfect, we'

"We aren't looking for perfect, we're looking for fun!"



April 25-27

4-H Members 14-18 will...

Costume Design *Creative Movement*

Make-Up *Set Design* Tour UW THEATRES*

Readers Theatre* See the musical *Working**

Cost is \$50

Registration available on the State 4-H Website!

For more information contact Megan!

Registrations due Friday, April 11



When: Tuesday, April 1, 6 pm Where: Extension Office

We will be setting practice dates & times, reviewing

expectations and contest information!

Parents, please plan on attending this

informative meeting!

For more information, please contact

Jenny Klein at (307) 575-8066



SUPREME COW



Supreme Cow Educational Program dates:

Monday, March 17, 2014 at 6:30 at Extension Office; Managing Calving

Monday, April 14, 2014 at 6:30 at Extension Office; Feeds and Basic Nutrition

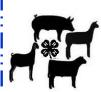
LIVESTOCK JUDGING ORGANIZATIONAL MEETING

When: Wednesday, April 2 at 6:30 pm

Where: Extension Office

We will be setting practice dates & times, reviewing

expectations and contest information!



Parents, please plan to attend this informative meeting!
For more information, please contact Volunteer Coach, Brodie Mackey!

Brag Board

Congratulations...Kenny Randall has been accepted to attending Citizenship Washington Focus, June 15-21.

Congratulations...Billie Allen and Kriss Hovis on being recognized for 15 years of service at the 2014 State Leaders Conference

Congratulations...Carol Morrison on being recognized for 20 years of service at the 2014 State Leaders Conference

Congratulations...George Haas was recognized for 35 years of service at the 2014 State Leaders Conference

Congratulations...Donna Peterson was recognized for 50 years of service at the 2014 State Leaders Conference Congratulations...4-H Foundation on winning \$2,500 from Monsanto's America's Farmers Grow Communities program. 4-H Foundation was selected by local farmer Jean Good.





Mark your calendars for this fun state 4-H opportunity that includes contests, workshops, hikes, dancing and meeting new 4-H friends!

Contests include: Horse Judging, Vegetable Judging, Cake Decorating, Rocket Launch, Robotics, Table Setting, Food Cook-Off, Livestock Skill-A-Thon, Dog Quiz Bowl and Presentation Contest! Favorite workshops include Project Runway (with Runway Show!) and the Wyoming 4-H Film Fest!

Interviews will be conducted for the Wyoming State 4-H Leadership Team and National 4-H Congress. Applications can be found on the State 4-H website and are due May 30, 2014.

Watch the newsletter for more information on the Showcase Showdown Family meeting!

Goshen County Fair Reminders...

- It is not too early to schedule processing of your animal for this year's Sale.
- A Brand Inspection should be done at the time of purchase.
- Market Lamb minimum weight is 90 pounds.
- Leaders, Breeders & Feeders 4-H Club will be hosting Free-Style Reigning during this year's Fair.



SAVE THE DATE!

2014 Goshen County Fair: Discover the Magic July 27- August 3

CLOVERBUD MAY DAY

Join Goshen County Master Gardeners and 4-H volunteers to celebrate May Day! We'll be doing crafts and planting a flower. Please RSVP by **Friday, April 25** so we have enough supplies!

Who: 4-H Cloverbuds (5 to 7 years old)
When: Thursday, May I at 5:30 pm
Where: Goshen County Extension Office
Please RSVP to the Extension Office by April 25!



This chart shows the forms, actions and due dates for most Goshen County 4-H animal projects.

Animals must be appropriately identified in order to exhibit at the Goshen County Fair.

ID Forms due June 1 Forms Available at Extension Office	No Tagging
Cat IDs due May 1 Forms Available at Extension Office	No Tagging or Tattooing
Dog IDs due May 1 Permanent Jump Height by May 1	Measuring for Permanent Jump Height: March 16 (During Open Dog Clinic)
Ownership Deadline May 1 Turn in ID Forms at Safety Certification	Safety Certification: June 12 June 24
No ID Form	Tagging: May 17, 9 am— 12 NOON May 30, 4 -7 pm *Sheep & Goats MUST have a scrapie tag*
No ID Form	Tagging: January 25, 10 am-12 NOON
No ID Form	No Tagging or Tattooing
Rabbit ID due June 1	Tattooing May 30, 5 pm, Fair Grounds
	Forms Available at Extension Office Cat IDs due May 1 Forms Available at Extension Office Dog IDs due May 1 Permanent Jump Height by May 1 Ownership Deadline May 1 Turn in ID Forms at Safety Certification No ID Form No ID Form

ROCK





4-H FilmFest August 3-6, 2014

What is FilmFest 4-H? FilmFest 4-H is a national 4-H film festival,

strictly for youth. Like any major film festival, screenings, workshops lead by film industry professionals, and much more!

Where does it take place? FilmFest 4-H takes place in Missouri, right in the middle of the country. The exact location will be revealed in 2014.

Who attends? 4-H Youth who are ages 11–18 and interested in filmmaking. Each group needs a chaperone. FilmFest 4-H is a "commuter event," so transportation, lodging, and some meals are on your own.

Who HAS attended? 4-H groups from Arkansas, Kansas, Kentucky, Maryland, Mississippi, North Carolina, Tennessee, Texas, Wisconsin, Wyoming...and more.

Where do I find out more? Check our the web page at http://4h.missouri.edu/filmfest

Operation Military Kids Mark your calendars now... Purple UPI April 15th

You are invited to wear purple on Tuesday,
April 15. Purple symbolizes all branches of the
military and is the combination of: Army
green; Marine red; Coast Guard, Navy and Air
Force blue. By wearing purple you are showing
your support and appreciation for the strength
and sacrifice of military youth.

Celebrate these young heroes by wearing purple on April 15 and email photos Megan!

State 4-H Horse Camp

Improve safe riding and handling skills while having a fun time!

State 4-H Horse Camp is scheduled for

June 19-22 at the Wyoming State Fairgrounds in Douglas, WY. Registration is limited and is filled on a first-come, first-served basis. **Online registration** closes May 27.

For more information, visit the State 4-H website and click on "For Youth."

Tween Babysiffing Refreat

4-H Members between the ages of 11-13 years old, save the dates **MAY 2-4** for a fun and

unique leadership retreat at Haven on the Rock!

This weekend will include babysitting basics like CPR/
First Aid, Health, Diaper Changing, Entertainment & Toys,
Family Differences and Youth Development. Registration
fee of \$50 includes meals, lodging and supplies.

Registration is available at the Goshen County 4-H

website: wyoming4h.org/goshen4h/ Contact the Extension Office for details! Brought to you by Wyoming 4-H & OMK.

Summer 4-H Comps for Goshen County.

South East Area Teen Camp: June 8-9, Estes Park

Cloverbud Camp: June 20, Jay Em

4-H Camp: June 29-July 1, Haven on the Rock

Information on these fun opportunities will be mailed directly to age eligible 4-H members.

More information will be shared in the Newsletter!

LIVESTOCK SALES, CAMPS AND PROGRESS SHOWS

The Extension Office Bulletin Boards are busy this time of year displaying a true variety of livestock sales and camps, including:

- **♦ Show Lamb Camps**
- ♦ Christian Livestock Camps
- Horse Judging (with Big Wyo Horse Expo)
- ♦ Show Pig Sales
- ♦ Goat & Sheep Show Camps and Shows
- ♦ Several Livestock Sales

There are several sales and camp advertisements this time of year, so check out our Bulletin Boards the next time you visit our office.

These can also be found online at the state 4-H website: http://www.uwyo.edu/4-h/youth/other/index.html

- * Platte County Progress Show: May 24 & 25 Contact: Misty Markel at (307) 331-2662
- * UW Cowboy Youth Classic: June 20 & 21, Laramie
- * Eastern Wyoming Junior Livestock Expo: June 7 & 8, Torrington



2014 Scholarships



Goshen County 4-H Foundation: Deadline April 15, 2014 wyoming4h.org/goshen4h/

These include: Jesica Hovis Memorial Scholarship, Goshen County 4-H Educational Fund (Mildred Kidney),

Jr. Leader Scholarship

Marlene Schlager Memorial Scholarship	Deadline April 15, 2014	Extension Office
Goshen County Homemakers Scholarship	Deadline April 15, 2014	Extension Office
Static Exhibit Auction Scholarship	Deadline April 15, 2014	Extension Office
Terry D. Viktorin Memorial Scholarship	Deadline April 15, 2014	Extension Office

Quality Assurance Training

4-H members planning to exhibit market animals at the 2014 Goshen County Fair are **REQUIRED** to complete **Quality** Assurance (QA).

Quality Assurance is a pledge or a promise that the food from our livestock will be the highest possible quality and youth producers will do everything possible to make products safe to eat.

4-H members in the Senior age division will be expected to complete Levels 1 and 2 before completing Level 3. Intermediate age youth must complete Levels 1 and 2. Junior age youth must complete Level 1.

Youth who have previously completed any Quality Assurance Levels are on record at the Extension Office and will only be required to be certified at the next appropriate Level.

Youth who have completed Pork Quality Assurance. Beef Quality Assurance or any other species specific Quality Assurance programs can bring in the appropriate documentation, usually a card, and be exempt, provided they renew their certification.

Youth in the Senior age division (14-18) must complete three levels in order to exhibit at the Goshen County Fair.

Youth in the Intermediate age division (11-13) must complete two levels in order to exhibit at the Goshen County Fair.

Youth in the Junior age division must complete the first level in order to exhibit at the Goshen County Fair.

If you have questions, please contact your 4-H Club Leader or the Extension Office.

Upcoming Quality Assurance Dates:

Level 1: Tuesday, March 25 at 6 pm Level 2: Wednesday, March 26 at 6 pm Level 3: Thursday, March 27 at 6 pm

For all evenings, please RSVP to the Extension Office by Monday, March 24 so enough materials will be available. Parents are strongly encouraged to attend with their children.

QA must be completed by June 16 and appropriate records must be submitted to the Extension Office at this time.

4-H Leaders have the most up-to-date list of accomplishments or you can check with the Extension Office.



Pancake Supper &

What is the Pancake Supper?

The biggest fundraiser for 4-H Council. During the Pancake Supper, 4-H members and leader prepare and serve a pancake supper to members of the community. We usually serve over 1,000 of our friends and neighbors!

Who does the money benefit?

Money raised benefits 4-H members. In addition to the fixed costs like insurance and assessments, 4-H Council also has variable costs which are determined by the amount of money raised by the Pancake Supper. The variable costs can decrease if not enough money is raised to support them all. These costs support leader trainings, 4-H Camps, State Shoot, Showcase Showdown, State Fair Showmanship trips, judging teams, awards, workshops, clinics, national 4-H trips and so much more.

THE BOTTOM LINE: the more money raised by the Pancake Supper, the more opportunities in Goshen County 4-H. What can 4-H families do?

4-H families can support this endeavor by selling tickets to the Pancake Supper. Tickets will be given to Club Leaders soon to be distributed to members and extra tickets will be available at the Extension Office. Tickets are due back to the Extension Office by March 18 so that appropriate quantities of supplies can be ordered. The Clubs that return all their tickets by the **March 18** deadline receive a pizza party. The family that sells the most tickets also receive a prize.



REMINDER:

Clubs are invited to promote their Club members and activities on their tables throughout the Pancake Supper. There are a variety of ideas, just remember that you are still required to wash your table after quests leave.



Manners Matter

R-S-V-Please

RSVP is French for *Repondez, s'il vous plait* (Ray-ponday, see-voo-play). The exact translation is *Respond, if you please*, but what it really means is *Tell me if you're coming or not*.

It is inconsiderate not to RSVP when a response is requested. Plans are being made by the party giver, host, facilitator, educator, etc. and most often the number of guests or attendees is a very important part of the plans.....food is being prepared or ordered, chairs set-up, prizes purchased or ordered and many other details that require an accurate count of those attending.

So when you receive an invitation, be sure to RSVP. How soon? No more than three days after the invitation arrives if possible. If you are unsure of your plans and cannot respond that soon, put the invitation in a prominent place so you will see it often and remember to notify the sender in a timely manner!

REMINDER:

Chamber Bucks are good for 6 months after the date of issue. If you haven't already, use your Chamber Bucks from Achievement Day soon!



Cent#ible Nutrition Program

Helping Families Eat Better for Less



50 Calories



Walking your dog for 30 minutes can burn 100 calories. Having your dog walk you for 30 minutes can burn 150 calories.

Foods contain nutrients—substances that give the body energy, help it grow, and keep it strong and healthy. Making healthier choices with the foods you eat can be like a balancing act. Finding a balance of foods you know are good for you and maybe foods you really like. You have to eat enough, but not too much.

All foods have calories. Calories are a way of measuring how much energy a food will give after it has been absorbed into the body. The body burns calories to get energy just as a car burns gasoline for energy. If you eat more calories than your body burns, the extra calories are stored as fat. Your body will not burn stored fat unless you use more energy than the calories you take in.

So try to find a healthier balance with the foods you eat, and get up off that couch, grab a leash and take your dog for a walk. Help burn those calories for you and your dog!

To learn more about how you can make healthier choices and how to "Eat better for Less" contact Denise with the Cent\$ible Nutrition Program at 532-2436.

Classifieds

- 1. **Purple Leather** material is available at the Extension Office. This material would be suitable for use by those in the Fabric & Fashion or Leather Craft projects.
- 2. **Wool** jumpers are available at the Extension Office. These would be appropriate for use in the Sheep Lead and/or Make It With Wool contest.
- 3. **Leather Scraps,** suitable for use in Visual Arts or Leather Craft projects, are available at the Extension Office. A variety of lengths, widths and colors are available.
- 4. **Horse Tack** has been donated to 4-H members from the Bobby Prive Memorial. Used tack includes saddle blankets, halters and bridles. Available at the Extension Office.

All items are available to 4-H Members on a first come, first serve basis. Thank you to all the generous donors.

University of Wyoming

Goshen County Extension Goshen County Resource Center 4516 US Hwy 26/85

Torrington, WY 82240

Phone: 307-532-2436 Fax: 307-532-7531 Wyoming4h.org/goshen4h/

March & April 2014

PRSRT STD US POSTAGE PAID Torrington, WY Permit # 9

Change Service Requested

Issued in furtherance of Cooperative Extension work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture. Glen Whipple, Director, Cooperative Extension Service, University of Wyoming, Laramie, Wyoming 82071.

Persons seeking admission, employment, or access to programs of the University of Wyoming shall be considered without regard to race, color,

Persons seeking admission, employment, or access to programs of the University of Wyoming shall be considered without regard to race, color, religion, sex, national origin, disability, age, political belief, veteran status, sexual orientation, and marital or familial status. Persons with disabilities who require alternative means for communication or program information (Braille, large print, audiotape, etc.) should contact their local UW CES Office. To file a complaint, write the UW Employment Practices/Affirmative Action Office, University of Wyoming, P.O. Box 3434, Laramie, Wyoming 82071-3434.



Important Dates for Goshen County 4-H

March 2014

- 8: State Shooting Sports Development Meeting
- 16: Open Dog Clinic, 2 pm, Pavilion
- 17: Supreme Cow Program, 6:30 pm, Extension Office
- 18: Pancake Supper Tickets Due
- 18: Pancake Supper Committee Meeting, 5:30 pm, Extension Office
- 18: 4-H Council Meeting, 6 pm, Extension Office
- 20: Table Setting Workshop, 5:30 pm, Extension Office
- 23: Pancake Supper, 4-7pm, Rendezvous Center
- 23: Sale Committee Meeting, 6 pm, Brand Room
- 25: Quality Assurance Level 1, 6 pm, Extension Office
- 26: Quality Assurance Level 2, 6 pm, Extension Office
- 27: Quality Assurance Level 3, 6 pm, Extension Office
- 27: First & Second Year Lamb, 6:30 pm, Extension Office
- 31: New Leader Orientation, 6:30 pm, Extension Office

April 2014

- 1: Horse Judging Organizational Meeting, 6 pm, Extension Office
- 2: Livestock Judging Organizational Meeting, 6:30 pm, Extension Office
- 6: Mother-Daughter Tea, 2 pm, The Gathering Place
- 7: New 4-H Family Orientation 6:30 pm, Extension Office
- 14: Supreme Cow Program, 6:30 pm, Extension Office
- 15: Purple Up Day (Wear Purple!)
- 15: County 4-H Scholarships Due, Extension Office
- 15: 4-H Council Meeting, 6 pm, Extension Office
- 22: 4-H Foundation Meeting, 7 pm, Extension Office
- 25-27: Theatre Weekend, Laramie
- 25-26: State 4-H Wool & Meats Judging, Laramie
- 27: Open Dog Clinic, Show Ring, 2 pm

May 2014

- 1: Dog IDs Due
- 1: Cat IDs Due
- 1: Junior Superintendent Applications Due
- 1: Final Enrollment Deadline
- 1: Add/Drop Deadline
- 1: Cloverbud May Day Event, 5:30 pm, Extension Office
- 2-4: Tween Babysitter Retreat, Have on the Rock

