

# CONVERSE COUNTY 4-H

## August Newsletter



### A Note From the Educator

State Shoot and County Fair have passed and I want to give a shoutout to our members who participated in these events, I'm so proud of all of you!

A huge thank you to everyone who made this year's county fair run smoothly and to everyone who supported our 4-H members in their various activities during the fair!

Our next big event is State Fair on August 12-17. State Fair registration information was emailed out on July 29th, registration forms and payments are due on August 7th. If you need after-hours registration help, stop by the office between 5-6 p.m. on August 5th and I will be there to answer your questions.

We are about a month and a half away from Record Books being due for judging. Instructions are included in this newsletter if you're feeling lost. A printed copy must be submitted to the Extension Office in order for your Record Book to be judged.

I hope everyone has a great month!

*-Kellyanne*

### IMPORTANT DATES

**August 7:** State Fair entry forms and payments due

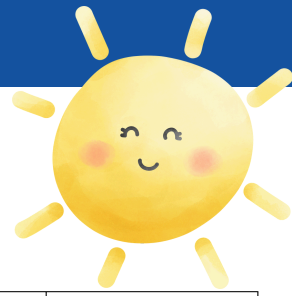
**August 12-17:** Wyoming State Fair

**August 19:** September Newsletter Updates/Information Due



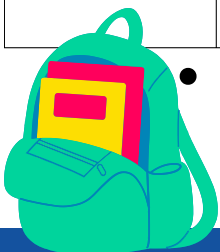


# August 2024



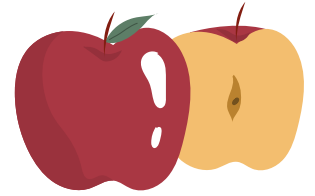
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	1	2	3
4 Wild Bunch 3 pm Sand Creek 4:30 pm	5 State Fair Entry Help 5-6 p.m.	6	7 State Fair Entries and Payment Due	8	9	10
11	12 WY State Fair	13	14	15	16	17
18	19 September Newsletter Club/Project Updates & Info Due	20	21	22	23	
25	26	27 LaBonte Sagebrush 6:30 pm	28	29	30	31

• All dates are subject to change





# September 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1  Sand Creek 2 pm  Wild Bunch 3 pm	2  <b>HAPPY LABOR DAY</b>  Office Closed	3	4	5	6	7
8	9	10	11	12	13  Record Books Due for Judging (Printed Copy Required)	14
15  Achievment Program Award Nominations Close	16	17	18	19	20	21
22	23  October Newsletter Club/Project Updates & Info Due	24  LaBonte Sagebrush 6:30 pm	25	26	27  Wyoming 4-H Volunteer Summit →	28
29	30  Market Sale Check Requirments Due  Club Chartering Paperwork Due	1	2	3	4	5

• All dates are subject to change

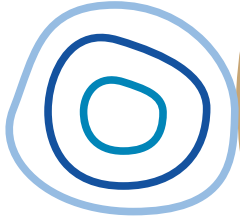


# Club Updates

## Dry Creek Willing Workers



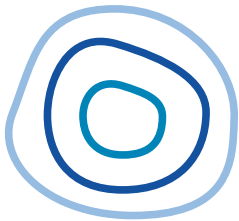
## Future Stars



## LaBonte Sagebrush



## Magic Chefs



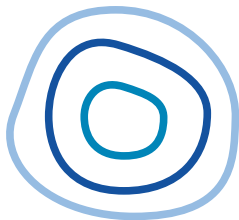
## Sand Creek

Three members received scholarships from the club to attend a goat and sheep jackpot show. Members also reported on the pie eating contest and pancake breakfast held during Deer Creek Days. Club members were given reminders about county fair preparation and schedules. The next meeting will be an unofficial, end of the summer barbeque and August 4th at 4:30 p.m.



## Walker Creek

An email was sent out to the club about waiting to do another meeting until after County and State fair to work on record books.



## Wild Bunch



# Upcoming Deadlines and Reminders

## ANNOUNCEMENT

State Fair entry forms and payments are due to the Extension Office by 4:30 p.m. on August 7th. Please check your email for more information.

There will be an entry help night on August 5th from 5-6 p.m. at the Extension Office



## REMINDER

*Record Books are due for judging September 13th by 4:30 p.m. A printed copy must be turned in to the Extension Office to be judged.*



# Upcoming Deadlines and Reminders

**IMPORTANT  
REMINDER!**

## **MARKET SALE REQUIREMENTS ARE DUE ON SEPTEMBER 30TH!**

You must submit a Record Book on ZSuite and proof of a buyer thank you to [kdoyle6@uwyo.edu](mailto:kdoyle6@uwyo.edu) to receive your check!

### **CLUB LEADER REMINDER**



**SEPTEMBER 30TH**

**CLUB CHARTERING  
REQUIREMENTS ARE  
DUE TO THE  
EXTENSION OFFICE**

# Upcoming Deadlines and Reminders

## 2024 ACHIEVEMENT PROGRAM AWARD NOMINATIONS

**NOMINATIONS ARE NOW OPEN AND  
WILL CLOSE ON SEPTEMBER 15TH!**



**SCAN THE QR CODE OR VISIT  
[HTTPS://FORMS.GLE/UW2QZWYKIJYWKAGP8](https://forms.gle/UW2QZWYKIJYWKAGP8)  
TO VOTE!**



A Smithsonian  
Museum on Main  
Street Event

# SPARK!

PLACES of  
INNOVATION

Smithsonian



Converse County Libraries, and Wyoming Humanities are proud to announce that author, teacher, innovator

**TEMPLE GRANDIN  
IS SPEAKING AT  
THE CCL DOUGLAS!**  
TUES, AUG 6TH, 6:30 PM,  
Meeting Room 1 (enter through  
the parking lot doors)

This event is  
generously  
sponsored by

**WYOMING  
HUMANITIES**  
thinkwy.org

This event, in conjunction with our Spark! Places of Innovation Exhibit, is free and family friendly. We do ask that you RSVP at 436-2573, 358-3644, or [tlehner@conversecountylibrary.org](mailto:tlehner@conversecountylibrary.org).

 your  
CONVERSE COUNTY LIBRARY  
navigate the unknown

  
Smithsonian Institution  
Museum on Main Street



# **THE FOLLOWING MEMBERS HAVE ITEMS IN THE OFFICE TO PICK UP:**

TRYSTON ALLINGTON

RILEY CARTER

ADDISON DEXTER

LANE DUCAT

ADDLEY FRYE

JAKE HAYS

TRISTEN HOFFMAN

JACK ISENBERGER

GEN KECHTER

AYDEN LAMB

BENTLEE MCPHERSON

ALEXIS NIELSEN

GARRETT NORINE

WYATT NORINE

BENJAMIN REED

MATTHEW REED

KORI SINGLETARY

COLBORN TAYLOR

LORELAI TAYLOR

JACOB WEGLIN

ALLIE WILDE

BRIANNA WILDE

BRAYDEN WOOLDRIDGE

CAMRYN WOOLDRIDGE

**PLEASE STOP BY TO GRAB YOUR  
ITEMS AS SOON AS POSSIBLE!**

# 2024 Wyoming State Fair

<p><b>Sunday</b> August 11</p>	<p><b>Monday</b> August 12</p> <p><b>7 A.M.</b> Youth Horse Show Check-in</p> <p><b>8 A.M.</b> Youth Horse Show (Horse Arenas)</p> <p>Youth Livestock begin arrival</p> <p>4-H Exhibit Buildings open to receive entries</p> <p><b>5 P.M.</b> All 4-H/FFA exhibits and youth livestock must be in place</p> <p><b>6 P.M.</b> Youth Dairy Goat &amp; Meat Breeding Goat Check-in</p> <p><b>7 P.M.</b> 4-H/FFA Exhibitor Meeting (Pepsi Stage)</p>	<p><b>Tuesday</b> August 13</p> <p><b>7 A.M.</b> Youth Horse Show Check-in</p> <p><b>7:30 A.M.</b> Youth Horse Show</p> <p><b>8 A.M.</b> Weigh Youth Market Goats</p> <p><b>8:30 A.M.</b> Youth Breeding Beef, Sheep, &amp; Swine (Check-in)</p> <p><b>10 A.M.</b> Check-in/Weigh-in Youth Market Beef</p> <p><b>10:30 A.M.</b> State 4-H Livestock Judging Contest</p> <p><b>1 P.M.</b> Youth Swine and Sheep Weight Cards Due</p> <p><b>6 P.M.</b> Champion of Champions Showcase</p>	<p><b>Wednesday</b> August 14</p> <p><b>8 A.M.</b> Youth Goat Showmanship, followed by Youth Market Goat show, Breeding Meat Goat Show</p> <p><b>8:30 A.M.</b> 4-H Cat Show check-in (Event Tent)</p> <p><b>9 A.M.</b> 4-H Cat Show and Showmanship (Event Tent)</p> <p><b>12 Noon</b> Youth Beef Fitting Contestant Meeting (Beef Show Ring)</p> <p><b>1 P.M.</b> 4-H Swine Showmanship, followed by Youth Breeding Swine show, and Wyoming Bred and Fed Swine Show</p> <p><b>4 P.M.</b> Youth Beef Team Fitting Contest</p>
<p><b>Thursday</b> August 15</p> <p><b>8 A.M.</b> 4-H Sheep Showmanship followed by Breeding Sheep Show</p> <p>FFA Swine Showmanship followed by Youth Market Swine Show and Pen of 5 Market Swine</p> <p>Youth Poultry Show Check-in/In Place (Event Tent)</p> <p><b>10 A.M.</b> 4-H/FFA Poultry Showmanship followed by Youth Poultry Show</p>	<p><b>Friday</b> August 16</p> <p><b>8 A.M.</b> FFA Sheep Showmanship followed by Youth Market Lamb Show</p> <p>Youth Rabbit Show Check-in (Event Tent)</p> <p><b>9 A.M.</b> FFA Beef Showmanship followed by Youth Breeding Beef Show</p> <p>4-H/FFA Rabbit Showmanship and Youth Rabbit Show (Event Tent)</p> <p><b>1 P.M.</b> Fashion Revue Judging (DHS)</p>	<p><b>Saturday</b> August 17</p> <p><b>8 A.M.</b> 4-H Beef Showmanship followed by Youth Market Beef Show</p> <p>FFA and 4-H Dairy Goat Showmanship followed by Youth Dairy Goat show</p> <p><b>9 A.M.</b> Fashion Revue Judging (DHS)</p> <p><b>7 P.M.</b> Public Fashion Revue (DHS)</p>	<p><b>Sunday</b> August 18</p> <p><b>6 A.M.</b> Livestock Exhibits Released</p> <p><b>6-10 A.M.</b> 4-H/FFA Exhibits Released</p>

- **Dates/ times subject to change. Please check WSF Premium Book for full schedule.**

# 4-H REGISTRATION FORM for the Wyoming State Fair

Complete and return this form to your local County 4-H Educator

Name: \_\_\_\_\_ Youth: \_\_\_\_\_ Adult: \_\_\_\_\_  
 Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Required 4-H Fee		
#	Type	\$ Due
_____	\$10 State 4-H Fee for ALL 4-H Members	_____
Total Due:		_____

FEES- Registration, Entry, Housing and Meals		
#	Type	\$ Due
_____	\$140 Season (weekly) Cafeterial Meal Ticket ( Sun PM to Sun AM)	_____
_____	\$60 Dormitory AND Week Gate Access	_____
_____	\$25 Season Pass Pin	_____
_____	\$8 Daily Gate Pin	_____
_____	\$50 - Additional Dorm Parking Pass	_____
_____	\$80 - Additional Livestock Park & Feed Pass	_____
_____	\$20 - Small Animal Parking Pass (Wed-Sat Only)	_____
_____	\$25 - Equine/ Dog Parking Pass	_____
_____	\$220 - Golf Cart Pass (Must bring proof of insurance)	_____
_____	\$10 Individaul Meal Tickets	_____
Total Due:		_____

I will be staying...		
_____ In the WSF Dormitory	_____ On my own arrangements	
My chaperone's name is: _____	Contact me at (phone): _____	
Which nights (circle)?		Campground _____
Sun    Mon    Tue    Wed    Thur    Fri    Sat	Hotel _____	
		Other _____

<b>Showmanship Contests? (Check all that apply)</b> _____ Beef                      _____ Poultry _____ Sheep                    _____ Rabbit _____ Swine                        _____ Cat _____ Dairy Goat                _____ Dog _____ Meat Goat                 _____ Horse	<b>Fashion Revue Contest?</b> must be submitted online by Thurs prior to Fair YES                      NO	<b>Your Age Division</b> _____ JR _____ INT _____ SR
	<b>Livestock Judging Contest?</b> YES                      NO	

Animal Related Processing Fees		Horse Show Stock charges per entry	
# of animals	\$ Due	# of animals	\$ Due
Beef x \$20	_____	Horses x \$15	_____
Sheep x \$10	_____	Swine x \$10	_____
Goats x \$10	_____	Poultry x \$3	_____
Rabbits x \$3	_____	Alpaca/Llama x \$10	_____
		Wool x \$3	_____
		Goat Tying \$10	_____
		Breakaway Roping \$35	_____
		Team Roping \$35	_____
		Working Cowhorse \$35	_____
		Ranch Sorting \$35	_____

Total (1): \_\_\_\_\_                      Total (2): \_\_\_\_\_                      Total (3): \_\_\_\_\_

GRAND TOTAL ANIMAL & STOCK FEES (Add Totals 1, 2, & 3):

GRAND TOTAL:



**Converse County 4-H  
Market Animal Checklist**

- Actively enrolled in the correct market animal project on ZSuite**
- Animal(s) tagged with yellow WSF tag**
- Complete Youth Quality Assurance, if required, by July 10<sup>th</sup>, 2024** (Quality Assurance must be completed if this is your first year showing a market animal or you have moved up to a new age division)
- Attend mandatory market sale meeting on May 21<sup>st</sup>**
- Return signed market sale agreement by June 15<sup>th</sup>**
- Enter animal(s) into the Converse County Fair via ShoWorks by June 17<sup>th</sup>**
- Animal meets minimum weight, as outlined in Converse County Fair Book, during county fair weigh-ins**
- Participate in Showmanship and Market classes at county fair**
- Submit proof of buyer thank you to 4-H educator by September 30, 2024** (To submit proof, email a picture of your thank you to [kdoyle6@uwyo.edu](mailto:kdoyle6@uwyo.edu) or bring it by the Extension Office. If you are delivering a thank you basket or another gift item, be sure to take a picture during delivery and submit it as proof)
- Submit 4-H Record Book with completed Involvement Report and Project Record for your market animal project by September 30, 2024.** (If you would like your record book to be eligible for judging and achievement awards, it must be submitted by September 13<sup>th</sup>)

**Note:** Additional requirements may be outlined by the Converse County Fair Board and Market Sale Committee during the mandatory market sale meeting



# AUGUST RECORD BOOK TIP

## COMMON MISTAKES TO AVOID

### CONFUSING PROJECTS AND EXHIBITS

Projects are what you are enrolled in on ZSuite. Exhibits are what you entered in county fair or demonstrated at your club meetings. Complete a Project Record for each project you are enrolled in and enter your exhibits under the Exhibit section.

### INCLUDING PICTURES OF NON-4-H ACTIVITIES

Pictures in your Involvement Reports and Project Records should be directly related to your 4-H activities. Do not include pictures of sports, vacations, or any other non-4-H activity. Those activities should only be included in the Other Participation section.

### WRITING GOALS AND PROJECT PLANS IN PAST TENSE

Goals and Project Plans should be set at the beginning of the year, before your project work begins. Writing them in past tense shows you didn't set them beforehand.

### LEAVING SECTIONS BLANK

Don't leave anything blank! If the section doesn't apply to your project or involvement, put "N/A" or "Not Applicable". Blank spaces will make it appear that you didn't do that part.

### ONLY COMPLETING ONE SECTION OF THE RECORD BOOK

Don't forget to do both sections of the Record Book. You should have a Project Record for each project and one Involvement Report for the 4-H year.

Name:

How old were you on January 1st of this year?

Age Division: 8-10 (Junior) 11-13 (Intermediate) 14-18 (Senior)

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# ZSUITE RECORD BOOK

**1** Project Report

**2** 4-H Involvement



# ZSUITE RECORD BOOK



## Why should you complete a record book?

- Learn to set goals, make plans to achieve those goals, learn to adapt to challenges and obstacles.
- Get practice keeping records.
- Track your activities, events, skill development, expenses, profits, and much more.
- Measure your achievements and growth.
- Use it for scholarships, resumes, or job applications.
- Help earn points towards Honors Club.
- Reflect on how far you've come over the years!



You can add record books in ZSuite at the beginning of the year. Working on your record book during the year helps you remember what happened and makes it less work at the last minute!

## What's In Your Book?

### 1 PROJECT REPORT

Goals  
Project Plan  
Supplies, Expenses & Income  
Exhibits & Summary  
Project Pictures and Clippings

**Complete for EACH project**

Check ZSuite under "Clubs" tab to see what you're signed up for.

(Market Swine, Breeding Sheep, Archery, Photography, Outdoor Recreation, etc.)

### 2 4-H INVOLVEMENT

4-H Awards & Recognition  
4-H Leadership  
4-H Community Service  
4-H Participation

**Ongoing - Add to it each year**

4-H Story  
4-H Year Pictures & Clippings  
Other Participation

**Complete for current year**



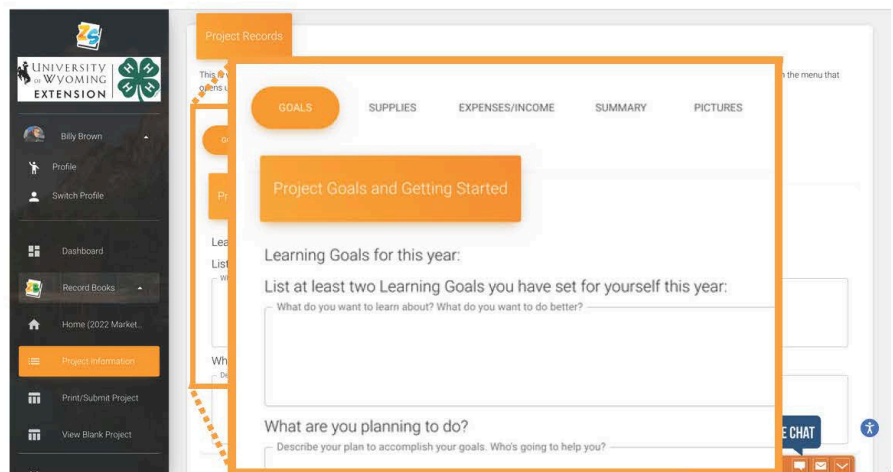
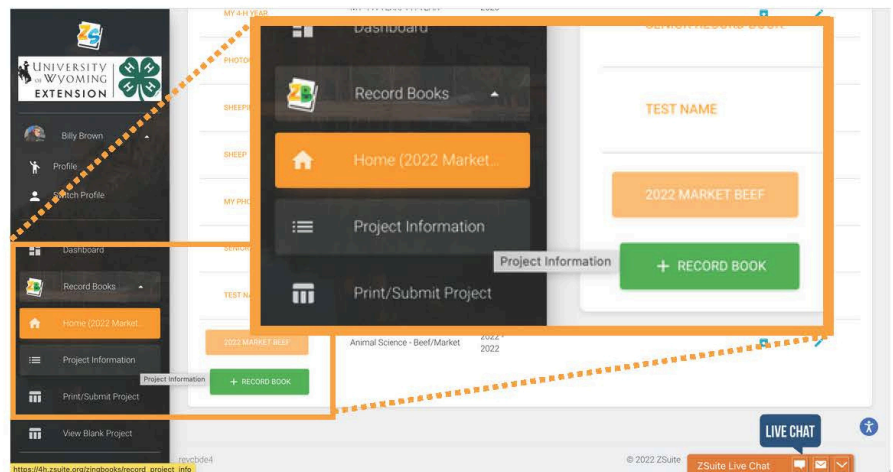
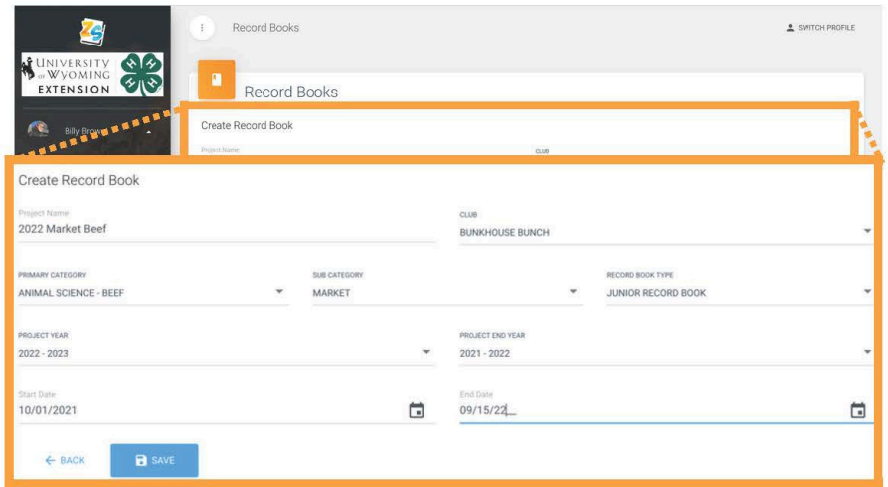


# Your First ZSUITE RECORD BOOK

# 1 Project Report



- Log in to ZSuite
  - Choose a member's profile
- Then select "Record Books" from the menu in the left sidebar
- Start by choosing the "Add Record Book" button from the bottom of the list
- The Project Name is how the Record Book will appear in your list.
  - Name it something that helps you stay organized (Archery - 2nd Year, Dog 2023, etc.). You will have a Project Report for every project for every year.
  - You need one Project Report record book for every project (market swine, archery, photography, etc) not separate ones for every animal or exhibit you make.
- Fill in the rest of the information from the drop down menus.
  - Project Year and Project End Year will be the same.
  - The dates are when you started and ended the project or the 4-H year (like October 1st to when you turn in your record book)
- Once you save, the Project Report book will appear in the list in the Record Book tab. Use the blue edit pencil to change the Project Name or Dates. Click on the orange title to select it, then choose the "Project Information" button on the left.
- Start with the tabs on the left early in the year! Set goals first, take an inventory, put in expenses and income or even pictures as they happen! Then finish off your book by filling in your summary at the end of the year.



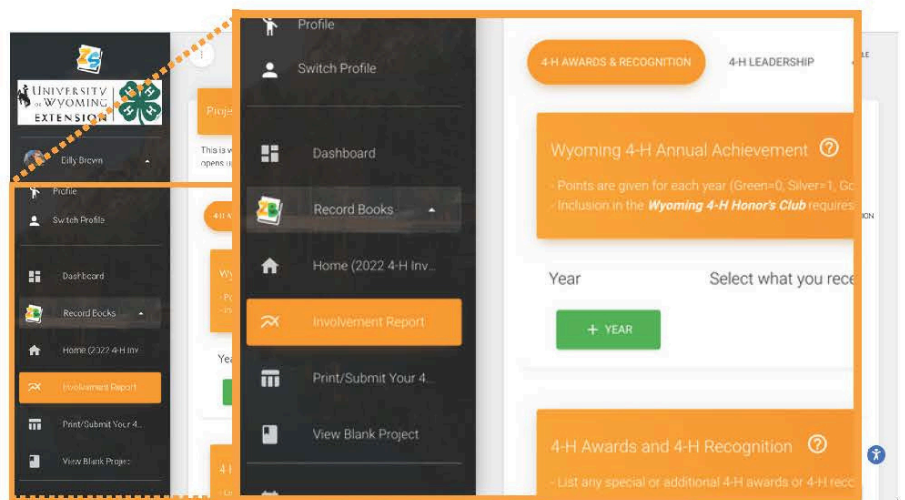
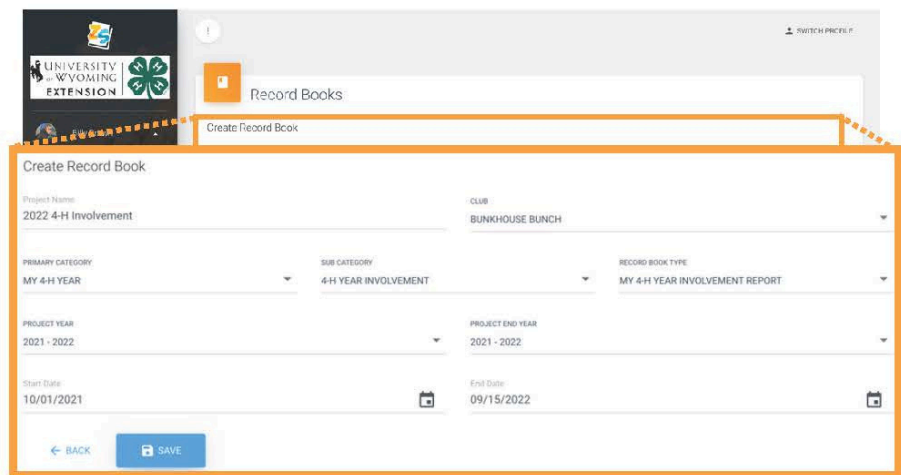
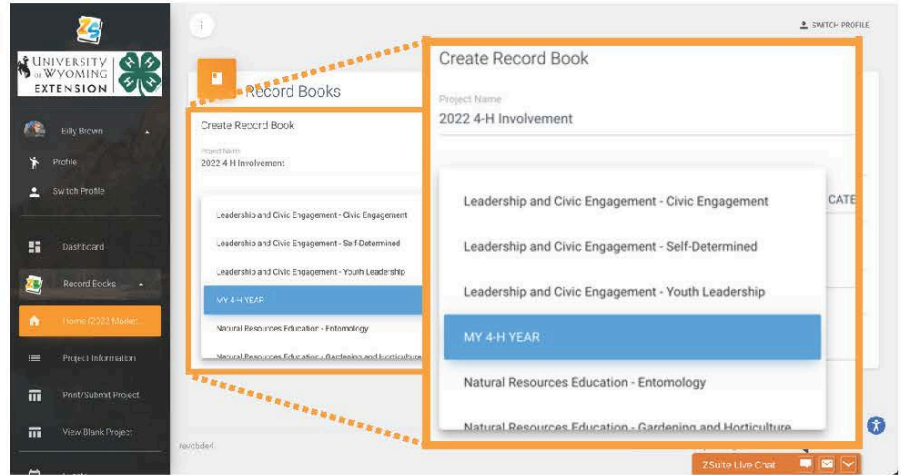


# Your First ZSUITE RECORD BOOK

# 24-H Involvement



- You also need to add a Record Book for your 4-H Year Involvement.
  - Go to "Add a Record Book" and select "My 4-H Year" in the drop down menu with the Project Report options.
  - Fill in the details for the year you are reporting, then save this record book section.
- You will build on the Involvement Report over the years so you can use the same one every year (or transfer the old information to a new one every year).
- Go through each tab of the report to complete each section.
  - Remember that you will have all your 4-H years in these sections (except the story and pictures). Make sure to add your dates so you can tell what years the activities were from as you add more to them!
  - Fill in community service, 4-H activities etc. as they happen so you don't forget!
- If you don't know what kinds of activities you should include in each section don't hesitate to ask your leaders or the Extension Office for examples!





You should set SMART goals at the BEGINNING of your 4-H year! You can start by adding record books for each project you will be doing during your 4-H year. These will be your Project Reports. Start working on your record book early! Think about what you've already learned in your projects, and about the things you'd still like to learn. Your goals should GROW with YOU!

Let's make it...

**S**  
Specific

Choose one thing you want to improve or one skill you want to learn.

**M**  
Measurable

What will you have at the end to know you reached your goal? Try to make it a number.

**A**  
Attainable

Think about what you can get done with your 4-H year! Make it reasonable and challenging!

**R**  
Relevant

Make sure your goal is related to your 4-H project. As you spend more years in a project, make your goals more challenging.

**T**  
Time-Bound

Give yourself a timeline. You can have a short-term goal you finish in a couple weeks or months. Or a long-term goal that takes you all year.

Let's try it!

Practice writing a SMART goal...

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Then make a Plan...

Some things to consider:

- Going to 2 practices a week.
- Watching videos online.
- Asking a leader, parent, sibling, or friend for help (especially for Juniors).
- Marking days on your calendar so you don't forget to keep working on the goal.
- Finding a friend with the same goal to help keep you going.
- **THE LIST GOES ON!**
- Going to monthly project meetings.
- Attending a clinic or a camp.

Talk about specific things you want to do to help you reach each of your goals! As the year goes on think about how your plan has gone. Whether it went well you you needed to make changes.





GOALS

SUPPLIES

EXPENSES/INCOME



## At the beginning of the year:

- What do you already have? Things you use for your project every year, such as:
  - Archery - your bow, arrows, gloves, quivers things you keep for years
  - Livestock - feed buckets, blowers, stands, breeding animals you keep
  - Visual Arts - paint brushes, markers, household items you use that you already have on hand
- If it's your first year in a project, you might not have much on hand already. If you've done the project before, look at what you had on hand or bought in previous years. Do you still have those things? They should be listed under your equipment.

SUPPLIES

EXPENSES/INCOME

SUMMARY



## Throughout the year:

- What do you still need? Things you needed to buy during the year, such as:
  - Archery - New fletching for arrows, new quivers, if you bought a bow
  - Livestock - Feed, fitting supplies, new show sticks, any market or new breeding animals you got this year
  - Visual Arts - canvases, new paints, poster boards
- Expenses can also include any classes, clinics, or camps you paid to attend for your project.

## Throughout or at the end of the year:

- Income is where you'll put anything you sold, gave away or kept for yourself.
  - Did you sell an animal? This could be a market animal or through your breeding program.
  - Did you sell any crafts? At a craft fair, to friends or family, etc.
  - Did you give away any supplies to someone else? If it's your last year in a project or you replaced old supplies you can put if you gave away or donated old supplies.
  - Did you keep anything for yourself? Include if you kept a market animal for your family, made a piece of art or piece of equipment that you kept or will use for yourself.



EXPENSES/INCOME

SUMMARY

PICTURES



## What did you learn this year?

- Go back to the goals you set for yourself at the beginning of the year.
  - What specific things did you do to help you accomplish your goals?
  - What challenges did you have?
  - Did your goals change during the year?
  - Did you create more goals throughout the year?
  - What skills did you learn?
  - Who helped you?
  - Where did you find information?
- What activities did you do for the project?
  - How many practices/project meetings did you attend?
  - Did you do any workshops, clinics, jackpots, shows, competitions, or fairs for the project?
- Explain the skills or knowledge you gained from participating in this project this year.
  - I learned how to...
    - compare cost of different brands of ingredients.
    - control my breathing to improve my shooting accuracy.
    - use acrylic paints on ceramic.
    - ...etc.
- How will you apply what you learned to other areas or to future years in the project?

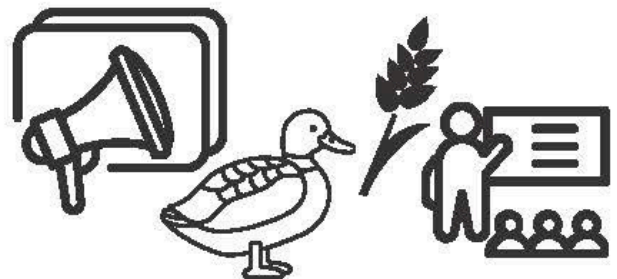


## Exhibit

Not all sharing experiences will have a placing/award.

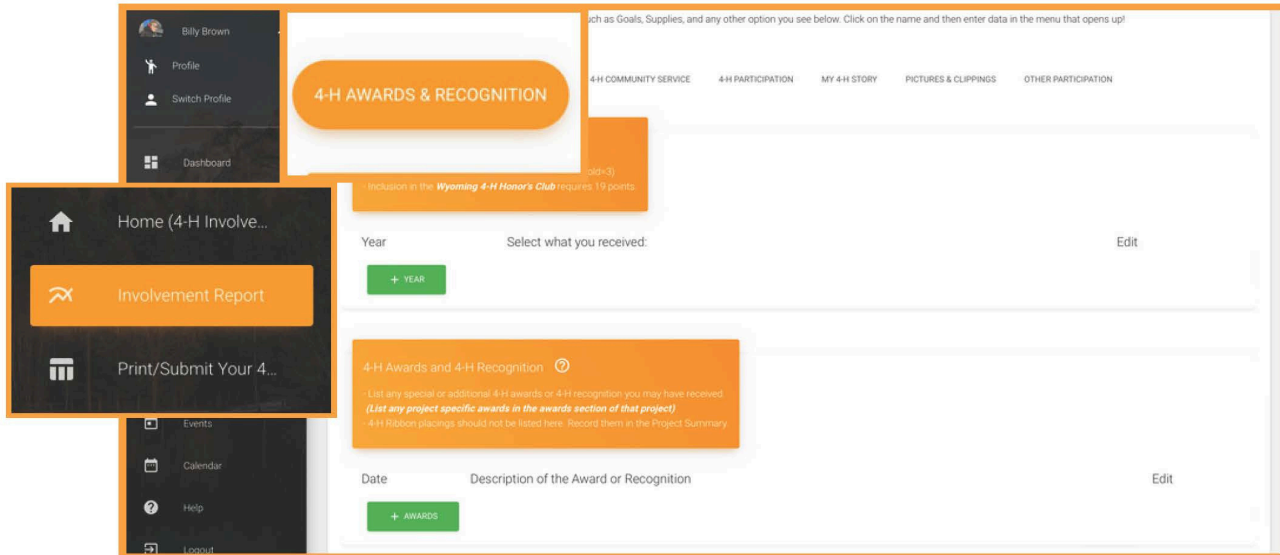
## What did you exhibit or share for your project?

- These will include:
  - indoor/static exhibits during fair
  - showing your animals
  - giving presentations on your project
- You should put a ribbon or placing if you got one, but other awards you got for your exhibits should go in the awards section (if you got a ribbon for your class and were an overall champion, just the class ribbon goes here)..





The Involvement Report will be added to every year  
(All your 4-H years should be in one Involvement Report).  
You can use the same Involvement Report every year or add previous years.



## Annual Achievement Points (Gold, Silver, or Green).



- Usually you receive Achievement Points based on your Record Book. For the current year, you can select "None" from the list. You can edit this after you receive your Achievement Level.



- The year is the calendar year you are turning in your record book or receiving the Achievement Level.



- The Involvement Report can be added to every year, so once you get your Level, you can add it to your book so you don't forget for next year.

## 4-H Awards and Recognition

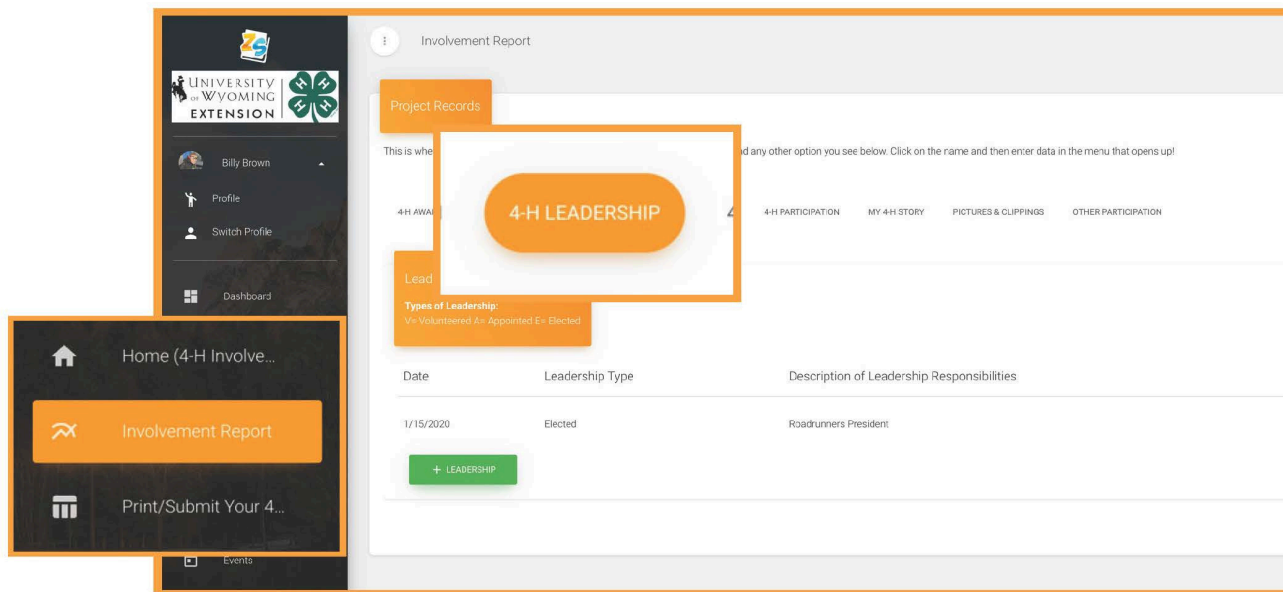
- Project placing ribbons (Purple, Blue, First, Second, etc.) should go in the Project Report they go with. Only list additional awards like Overall Champion, Best of Show, Outstanding Overall Exhibit, etc.
- Other awards that could go here:
  - Cash Awards, Scholarships
  - Seals, Certificates
  - Plaques, Trophies, Belt Buckles
  - Trip Awards



\*\*\*Don't leave blanks, put "N/A" if needed



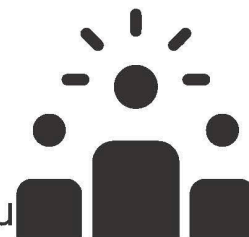
The Involvement Report will be added to every year  
(All your 4-H years should be in one Involvement Report).  
You can use the same Involvement Report every year or add previous years.



## Leadership comes in many forms!

For younger members it can be as simple as leading a pledge, or seconding a motion.

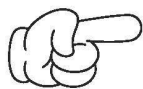
Make sure your leadership responsibilities GROW with you



## Leadership Types



- **Volunteer:** These are things you have signed up for or asked to do. Giving presentations, making motions, public speaking, helping with workshops or programs, judging events, or fairs.



- **Appointed:** Things you've been asked to do, like if you're asked to lead a pledge, or join a committee.

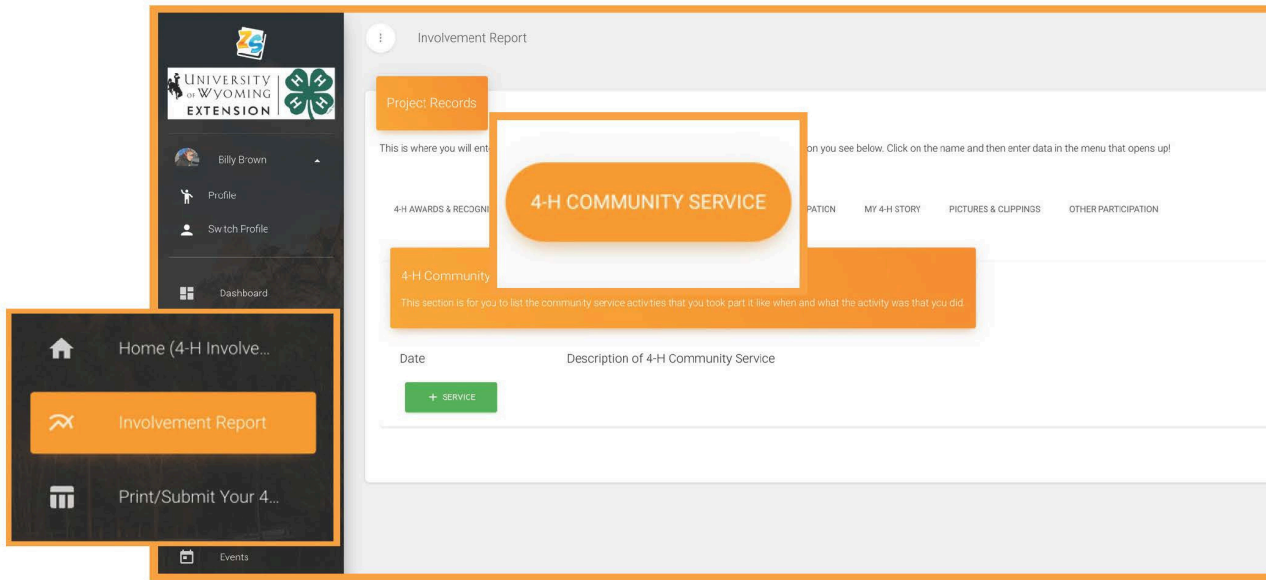


- **Elected:** Responsibilities people voted for. Usually this is holding a 4-H office like club secretary, president, etc. You can include just being nominated or running for an office (especially if it's your first time) as an appointed leadership role.

Don't just put a general activity, explain how the role applies to leadership. Don't forget dates to show your progress over the years!

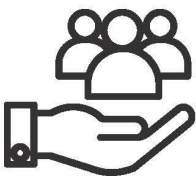
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## Using your "hands for larger service"

- These are all the things you did during the year to help others out, without getting anything in return.
  - These can be things you do with your club, as a county, or on your own. Make sure you describe what you did, how much was collected, how many people helped or how many people received help! You might do some of the same activities every year so don't forget to put dates on your activities.



## Some ideas:

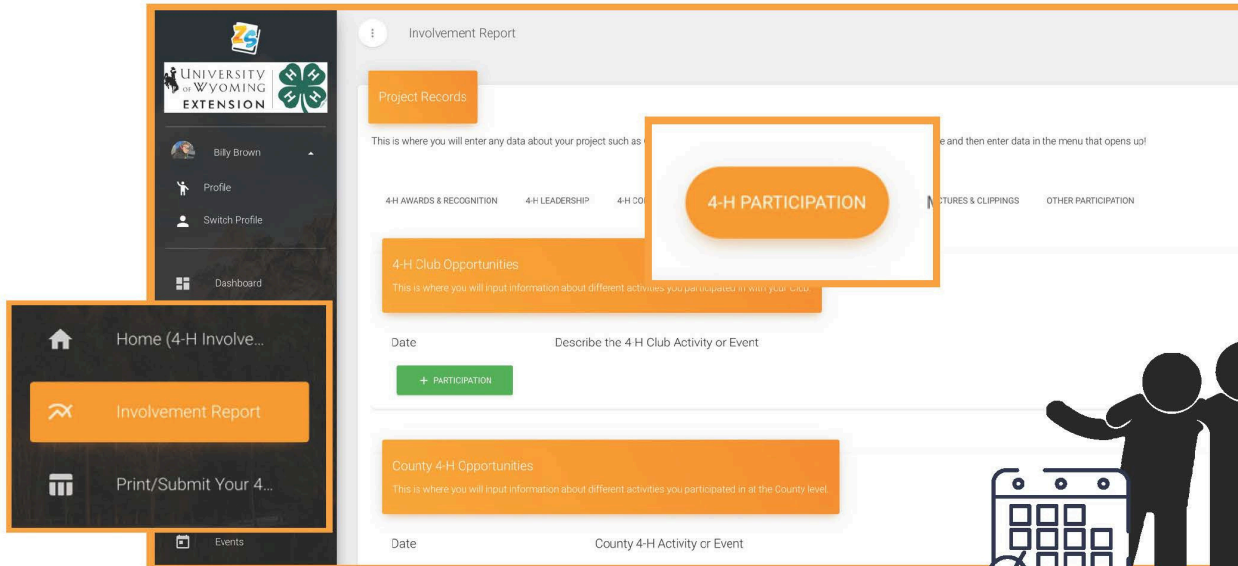
- Donate to or volunteer at a soup kitchen, food pantry, animal shelter, disaster relief efforts, or other donation based charities
- See if you can make cards or spend time at a senior center or hospital
- Help with a road side clean up, or park or fairgrounds clean-up
- Adopt a family during the holidays (Make/donate meals, Angel Trees, Valentines, Easter Baskets, May Day, etc.).

\*\*\*Don't leave blanks, put "N/A" if needed





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You can use the same Involvement Report every year or add previous years.



## Show what you've done this year!

- List all the activities you've done at the club, county, state, or national level.

### Club Activities:

- Attending club meetings (save space and put how many you attended in one line), Club holiday parties, Club fundraisers

### County Activities (activities with multiple clubs in your county) :

- Helping or participating in a 4-H carnival, County Fair, County Contest, Achievement Programs, County Project Meetings, Workshops, Classes or Clinics.

### State Activities (activities with multiple counties):

- State Contests like Showcase Showdown, State Fair, State Shoot/Raton, Judging Contests, etc. WYLE, State Leaders Conference or other State events

### National Activities (activities with multiple states participating):

- Citizenship or Leadership Washington Focus, National 4-H Congress, Western National Roundup, NILE, etc.

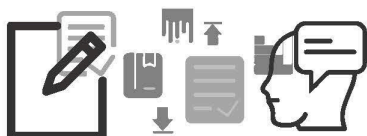
\*\*\*Don't leave blanks, put "N/A" if needed



You should write a new story each year. It could follow the same general outline, but make sure you tell this year's story, and it's not the same story every year. This is a story, don't just write one or two lines. Show your growth!

## Some things you can include in your story:

- Introduce yourself:
  - Your name, what grade you're in, how many years you've been in 4-H.
- Highlights from your 4-H projects and activities (what did you enjoy, what didn't go like you thought it would, what might you do differently next year?)
- What did you enjoy most about your 4-H year?
- What was the most successful part of your 4-H year?
- What did you learn in 4-H this year (that you maybe haven't talked about as part of your projects)?
- Did you have any challenges? What happened? What did you do?
- What leadership or community service or other activities did you learn the most from?
- Did you use the things you learned in 4-H in other parts of your life?
- How was this year important to you?
- What are your future plans in 4-H? What are your future plans for school or for a career?





# CALLING ALL YOUTH entrepreneurs!

Want a chance to sell your creations?

The Extension Office will be offering space for young entrepreneurs to sell their creations in our office!

We will help promote and keep track of sales.

- All items must be created by a current 4-H member
- Items must be listed at prices less than \$50 each
- Each member may have 5 items for sale at a time
- Items must be high quality
- No perishable items may be sold

Examples:

- Leather items
- Sewn items
- Embroidered items
- Artwork
- Jewelry
- etc.





# SAVE THE DATE

September 27-29, 2024

## 4-H VOLUNTEER SUMMIT CASPER, WYOMING

BEST WESTERN CONFERENCE CENTER &  
NATRONA COUNTY AGRICULTURE AND RESOURCE  
LEARNING CENTER

Workshops  
Time for Sharing  
Time for Networking  
and of course FUN!



**Cost \$100**

Includes meals and programming,  
lodging on your own.

Scan the QR code  
to register or  
contact Kellynne  
for a link!



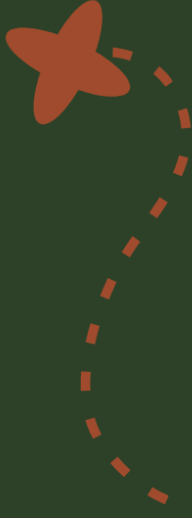


University of Wyoming Extension



# START YOUR VOLUNTEER JOURNEY

Join us for a FREE two part online informational session for adults interested in becoming 4-H volunteers.



A 4-H volunteer can serve many roles: mentor, advisor, friend, teacher, referee, role model, pacesetter and much more. As a 4-H volunteer, participants will have the opportunity to make a positive difference in the lives of children, teach them valuable skills, help them achieve a positive self-image, accomplish personal goals and earn a sense of accomplishment. Join us to find out if this is something for you!



**CHOOSE ONE OF THE DATES BELOW:**

**SEPTEMBER 9TH AND 23RD, 2024**

**NOVEMBER 5TH AND 19TH, 2024**

**FEBRUARY 5TH AND 19TH, 2025**

**AUGUST 12TH AND 26TH, 2025**

**ALL SESSIONS ARE ONE HOUR AND START AT 6:30 PM.**

If you are interested please register using the QR code or go to <https://forms.gle/6RGR2aDGgLfK66a8A>.





Extension  
Converse County

## Office Location

1839 Madora Ave  
Douglas, WY 82633

## Contact Information

(307) 358-2417

Kellynne (4-H Educator):

kdoyle6@uwyo.edu

Jamie (Administrative Assistant):

converse@uwyo.edu

## Office Hours

Monday-Friday  
7:30 a.m.-4:30 p.m.



## Converse County 4-H Website

<https://www.wyoming4h.org/converse4h/>



## Converse County 4-H Facebook

<https://www.facebook.com/Converse4H>

Issued in furtherance of extension work, acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture. Eric Webster, Interim Director, University of Wyoming Extension, College of Agriculture, Life Sciences and Natural Resources, University of Wyoming Extension, University of Wyoming, Laramie, Wyoming 82071.

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